Bib	Athlete	Gender	Club	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13	Lap14	Lap15	Lap16	Lap17	Lap18	Lap19	Lap20	Lap21	Lap22	Lap23	Lap24	Lap25	Lap26	Lap27	Lap28	Lap29	Lap30	Lap31	Lap32	Lap33	Lap34	Lap35	Lap36
1	BOBBIE IRVINE	M	SEAPARK AC	0:49:10	0:52:48	0:48:29	0:46:57	0:46:03	0:49:13	0:49:37	0:50:06	0:53:45	0:49:54	0:50:45	0:49:47	0:49:12	0:50:44	0:50:45	0:54:33	0:54:04	0:54:20	0:54:47	0:54:12	0:50:52	0:48:22	0:48:39	0:49:07	0:48:40	0:51:24	0:57:55									
2	JOHN CARTEN	M		0:53:07	0:52:41	0:50:44	0:49:57	0:45:47	0:49:12	0:48:26	0:49:56	0:50:43	0:52:03	0:52:45	0:52:07	0:51:38	0:53:37	0:53:47	0:54:35	0:56:20	0:52:54	1:22:33																	
5	MARK RAMSEY	M	TEAM VEDA	0:49:08	0:51:46	0:49:01	0:52:39	0:51:45	0:51:41	0:53:00	0:51:47	0:52:17	0:53:31	0:56:26	1:11:12																							
6	JANINE RAMSEY	F	ORMEAU RUNNERS	0:48:45	0:50:27	0:51:11	0:53:08	0:59:13																															
7	DONALD SMITH	M	NORTH DOWN AC	0:51:16	0:51:51	0:49:20	0:46:34	0:50:24	0:50:47	0:50:56	0:50:42	0:51:30	0:51:52	0:51:40	0:54:41																							
8	SUZY TAYLOR	F	MARATHON CLUB IRELAND	0:53:38	0:52:52	0:53:33	0:54:01	0:55:22	0:53:36	0:54:55	0:54:44	0:54:51	0:55:08	0:56:26	1:11:11																							
9	MARTIN BRADY	M	TEAM VEDA	0:52:59	0:52:36	0:51:55	0:52:36	0:51:46	0:53:23	0:57:01	1:03:05																											
10	KEITH REILLY	M	EAST DOWN AC	0:46:00	0:46:26	0:45:20	0:46:19	0:47:17	0:47:40	0:49:29	0:50:33	0:52:37	1:02:51																									
12	DAVE ANDREWS	M	METRO ABERDEEN	0:44:02	0:49:02	0:48:23	0:49:02	0:49:11	0:50:33	0:50:37	0:49:21	0:49:48	0:49:47	0:50:12	0:49:11	0:49:11	0:49:34	0:49:45	0:50:05	0:51:04	0:50:55	0:52:28	0:52:05	0:49:33														
13	RICHARD CRANSWICK	M	IDIOTS RUNNINING CLUB	0:49:27	0:52:00	0:51:37	0:52:48	0:52:21	0:51:08	0:52:40	0:51:45	0:53:08	0:53:20	0:52:17	0:53:30	0:54:08	0:52:58	0:53:08	0:53:29	0:52:57	0:52:28	0:52:51	0:52:28	0:50:50	0:51:59	0:51:56	0:51:49	0:52:26	0:52:20	0:51:50	0:52:57	0:52:21	0:45:17	0:56:15	0:53:21	0:55:35			
15	ALEXANDER HERON	M		0:52:58	0:53:07	0:52:51	0:55:10	0:55:51	0:55:56	0:53:27	0:51:21	0:53:18	0:51:58	0:54:14	0:51:36	0:52:05	0:53:49	0:52:16	0:52:38	0:52:07	1:01:22																	
16	SUE HERON	F		0:52:59	0:53:16	0:53:34	0:55:25	0:56:09	0:56:12	1:07:09																												
17	GARY CURRAN	M	CROSSGAR HARRIERS	0:51:20	0:52:12	0:49:50	0:49:26	0:49:56	0:49:10	0:50:23	0:49:34	0:50:53	0:50:36	0:51:51	0:52:49	1:15:20																						
18	SEAN NICKELL	M	NORTH DOWN AC	0:42:52	0:48:22	0:46:04	0:49:55	0:50:48	0:50:12	0:49:49	0:51:56	0:54:05	0:49:04	0:50:27	0:52:02	0:52:04	0:50:24	0:53:10	0:51:50	0:54:52	0:56:19	0:53:43	0:50:02	0:47:52	0:51:40	0:52:51	0:54:47	0:52:39											
20	GARY MC COURT	M	NEWRY TRIATHLON CLUB	0:43:39	0:45:05	0:45:00	0:50:22																															
21	LOUISE SMART	F	COUNTY ANTRIM HARRIERS	0:49:28	0:48:06	0:47:55	0:49:01	0:48:57	0:49:42	0:49:29	0:48:19	0:47:57	0:49:47	0:48:02	0:49:06	0:49:11	0:49:40	0:49:25	0:48:04	0:50:02	0:50:09	0:49:27	0:48:41	0:47:21	0:48:03	0:47:32	0:49:12	0:50:01	1:24:51										
22	RICHARD SHANNON	M	OMAGH HARRIERS	0:49:18	0:51:57	0:47:24	0:48:54	0:45:55	0:46:08	0:49:26	0:49:44	0:49:50	0:47:37	0:47:24	0:47:05	0:49:19	0:49:30	0:47:12	0:51:26	0:50:27	0:52:01	0:52:52	0:50:59	0:49:34	0:46:15	0:51:04	0:48:41												
23	MALCOLM CUFFE	M		0:53:05	0:51:45	0:48:54	0:50:28	0:52:13	0:51:28	0:52:52																												
24	PAUL CASEMENT	M	CROSSGAR HARRIERS	0:51:20	0:52:14	0:49:36	0:49:10	0:49:56	0:50:41	0:51:10																												
25	GEOFF SMYTH	M		0:52:27	0:52:42	0:50:42	0:49:39	0:49:49	0:49:18	0:50:29	0:49:34	0:49:24	0:49:47	0:47:46	0:49:53	0:49:12	0:48:43	0:49:04	0:47:43	0:49:30	0:50:11	0:51:08	0:48:44	0:47:22	0:48:06	0:46:45	0:47:05												
27	RALPH LAVERY	M		0:52:49	0:52:20	0:51:11	0:52:48	0:52:36	0:54:22																													
28	JOE QUINN	M	EAST DOWN AC	0:47:36	0:50:39	0:51:17	0:52:44	0:53:04	0:57:07	1:19:23																												
29	CRAIG MILLS	M	EAST ANTRIM MARATHON SERIES	0:52:25	0:52:33	0:50:42	0:49:53	0:49:14	0:50:56	0:50:21	0:50:44	0:51:33	0:52:14	0:52:37	0:49:36	0:50:14	0:51:21	0:47:51	0:49:59	0:51:42	0:53:25	0:54:57	0:50:30	0:48:36	0:52:51	0:53:33	0:56:29												
30	ALLAN PARKIN	M	GREENFIELD GREYHOUNDS	0:53:31	0:56:02	0:56:58	0:56:36	0:53:58	0:54:35	0:53:38	0:51:46	0:50:38	0:55:23	0:53:33	0:51:57	0:54:31	0:48:39	0:53:19	0:51:34	0:54:48	0:53:28	0:54:00	0:51:34	0:49:28	0:47:15	0:49:02	0:49:02	0:50:14	0:49:20	0:52:49	0:53:39	0:52:57	0:58:51						
31	JANETTE DAVIDSON	F	DROMORE AC	0:50:40	0:52:10	0:50:19	0:50:33	0:52:16	0:50:59	0:51:45	0:53:43	0:56:59	1:02:10																									
32	SUSANNA ALLAN	F	BALLYMENA RUNNERS	0:49:27	0:53:06	0:51:24	0:48:00	0:47:22	0:51:18	0:53:03	0:51:53	0:53:05	0:52:16	0:55:06	0:48:01																							
33	JENNIFER MULVENNA	F		0:52:54	0:52:27	0:51:10	0:52:46	0:52:45	0:53:26																													
34	GUILLAUME ARTHUS	M	TEAM GATORADE	0:52:40	0:53:04	0:51:37	0:52:55	0:52:32	0:51:32	0:51:02	0:51:53	0:52:23	0:51:59	0:52:17	0:52:27	0:52:28	0:51:55	0:51:43	0:52:40	0:52:39	0:52:04	0:51:50	0:52:32	0:50:12	0:51:11	0:52:34	0:53:35												
36	MONICA MC CRICKARD	F	LETRIM LADIES	0:53:05	0:52:23	0:51:08	0:51:02	0:52:05	0:50:49	0:51:11	0:51:01	0:53:15	0:53:39	0:56:23																								
39	DAMIEN MC CAFFERY	M	MUCK HOGGS	0:51:45	0:51:40	0:45:08	0:49:51	0:51:35	0:54:03																													
41	EUGENE WINTERS	M	NORTH COAST MARATHON	0:49:32	0:45:12	0:43:33	0:40:08	0:39:33	0:40:58	0:49:38																												
45	JENNIFER MC ATEER	F	NEWRY CITY RUNNERS	0:52:24	0:52:31	0:55:13	1:03:34																															
46	PETER RUSK	M		0:51:29	0:48:03	0:44:37	0:45:07	0:47:41	0:46:54	0:55:53																												
47	DAVY FOSTER	M		0:51:30	0:48:02	0:44:28	0:47:01	0:48:02	0:47:21	0:47:20	0:47:11	0:47:49	0:47:40	0:47:21																								
48	NATALIE BOWBANKS	F		0:48:43	0:51:02	0:50:45	0:49:02	0:49:59	0:47:14	0:50:07	0:48:48	0:47:54	0:48:32	0:50:35	0:49:58	0:50:40	0:51:12	0:48:39																				
50	PATRICIA DUFFY	F	MUCK HOGGS	0:52:48	0:52:31	0:51:50	0:52:53	0:53:05	0:53:18	0:59:25																												
52	WESLEY JAMIESON	M		0:47:28	0:45:46	0:44:43	0:44:33	0:45:41	0:46:32	0:48:19	0:45:38	0:47:21	0:52:01																									
54	PAUL LAPPIN	M		0:52:51	0:52:19	0:50:40	0:49:16	0:47:56	0:49:34	0:49:36	0:50:11	0:52:59	0:54:52																									
55	JUDITH CAMPBELL	F	NEWRY TRIATHLON CLUB	0:55:32	0:59:13	1:07:39																																
57	TREVOR PATTERSON	M	NORTH DOWN AC	0:49:29	0:49:51	0:48:24	0:48:58	0:50:10	0:51:10	0:54:26																												
58	GRAEME BLACK	M		0:48:41	0:48:27	0:47:26	0:46:55	0:46:30	0:45:53	0:49:11	0:46:58	0:47:44	0:50:02	0:48:59	0:52:29	0:53:04																							
60	NICK LISTER	M		0:44:34	0:44:37	0:44:34	0:44:42	0:45:59	0:46:52	0:45:55	0:47:09	0:53:46	0:53:27	0:57:14	0:53:23	0:51:21	0:56:29	0:59:14	0:00:48																				
62	GORDON GLASS	M		0:53:04	0:51:48	0:55:38	0:53:48	0:53:01	0:53:14	0:55:38	0:52:54																												
63	STEPHEN MC ALLISTER	M	MK LAKESIDE RUNNERS	0:49:27	0:52:00	0:51:52	0:52:27	0:52:37	0:51:08	0:52:39	0:52:01	0:52:05	0:51:03	0:51:27	0:52:03	0:51:06	0:50:44	0:55:30																				
65	GARY MORRISON	M		0:48:38	0:52:16	0:51:32	0:50:19	0:50:38	0:51:29	0:53:11	0:53:06	0:53:32	0:53:35	0:55:18																								
66	PADRAIG MC KEAG	M		0:53:16	0:53:42	0:51:52	0:53:36	0:54:33	0:53:56	0:53:37	0:53:49	0:55:38	0:56:44	0:56:36	0:55:31	0:58:43	1:07:16																					
67	GAVIN MARSHALL	M		0:49:15	0:48:20	0:47:08	0:46:06	0:45:33	0:45:54	0:45:00	0:46:52	0:48:42	0:53:31																									
68	KRIS RYAN	F	CRUSADERS AC	0:49:06	0:49:05	0:47:15	0:46:55	0:51:13	0:50:27	0:47:12	0:47:31	0:47:53	0:49:16	0:49:04	0:50:26	0:50:06	0:46:31	0:47:25	0:50:01	0:50:53	0:51:57	0:48:35	0:50:13	0:47:55	0:49:37	0:49:09	1:33:31												
69	LEO LUNDY	M	CRUSADERS AC	0:49:06	0:49:08	0:46:53	0:46:19	0:51:17	0:50:32	0:49:45	0:49:53	0:50:47	0:52:12	0:54:19	0:54:39	1:09:00																						
70	DAVID HIGGINS	M	JOG MOIRA	0:45:23	0:45:27	0:45:10	0:43:29	0:42:01	0:44:38	0:44:54	0:46:26	0:47:15	0:49:22	0:50:10	0:51:31	0:54:21	1:00:04																					
71	IAN MC AULEY	M		0:52:26	0:55:05	0:53:30	0:53:51	0:52:36	0:52:37	0:54:57	0:51:58	0:53:57	0:52:25	0:52:19	0:52:00	0:52:36	0:51:57	0:53:25	0:54:30	0:56:02	0:58:51	0:54:44	0:51:59	0:51:00	0:51:41	0:51:59	0:49:04	0:51:59	0:51:30	0:54:11	0:56:03								
73	KYLE JOHNSTON	M		0:46:12	0:47:28	0:48:23	0:49:28	0:48:58	0:49:37	0:48:46	0:49:39	0:49:42	0:49:28	0:50:17	0:49:25	0:49:18	0:49:35	0:49:50	0:50:07	0:52:25																		
74	CHERYL BRIGGS	F		0:51:01	0:51:51	0:50:46	0:49:47	0:49:53	0:52:24																													
75	JUDITH ROBINSON	F	MURLOUGH AC	0:47:24	0:48:10	0:47:02	0:47:42	0:49:30	0:50:23	0:50:20	0:51:35	0:56:11	1:17:18																									
76	FELIM MEADE	M		0:49:09	0:51:19	0:45:52	0:44:00	0:48:21	0:51:48	0:58:07																												
77	MARK ORR	M		0:49:07	0:48:10	0:48:42	0:49:56	0:50:00	0:49:15	0:49:25	0:49:43	0:48:32	0:49:20	0:52:15	0:56:01																							
78	KIERAN YOUNG	M	MURLOUGH AC	0:47:23	0:51:36	0:48:32	0:49:37	0:50:06	0:50:45	0:50:08	0:48:47	0:50:40	0:52:24	0:56:03	0:58:57																							
79	ALAN HILL	M		0:47:31	0:51:37	0:47:20	0:47:05	0:52:08	0:54:45	1:10:58																												
82	RICHARD COEY	M	BALLYDRAIN HARRIERS	0:50:41	0:51:52	0:50:44	0:49:47	0:52:37	0:50:56	0:50:58	0:50:55	0:52:10	0:50:25	0:49:21	0:49:36	0:49:09	0:50:08	0:51:55	0:52:38	0:52:20	0:56:54																	
83	STEPHEN ELLIOT	M	HI ELBOW TRIATHLON CLUB	0:39:40	0:45:36	0:41:22	0:35:32	0:39:59	0:38:20	0:39:33	0:44:50	0:47:15	0:49:30																									
84	ANDY BROOKS	M	SHELTON STRIDERS	0:53:26	0:55:13	0:54:41	0:53:46	0:53:34	0:52:26	0:56:20	0:53:03	0:53:46	0:54:40	0:53:35	0:54:24	0:54:45	0:54:01	0:53:45	0:54:06	0:54:14	0:55:42	0:53:22	0:52:03	0:50:39	0:52:25	0:52:15	0:53:12	0:51:27	0:51:10	0:52:36	0:53:47	0:52:34	0:55:41	0:56:40					
86	ALAN MC GOWAN	M	MURLOUGH AC	0:53:18	0:52:31	1:00:04	1:12:27																															
87	JULIE RANKIN	F	JOG LISBURN/ ATLAS RUNNING	0:50:39	0:52:09	0:50:04	0:49:46	0:51:11	0:53:43	1:00:58																												
88	NICOLA MC LAUGHLIN	F	MUCK HOGGS	0:52:49	0:52:22	0:50:57	0:54:35	0:54:39	0:52:11																													
90	ASHLEY MOORE	F	MUCK HOGGS	0:51:09	0:52:01	0:51:30	0:52:43	0:54:22	1:01:30																													
91	MARK HAIGNEY	M	THE CENTURY CLUB	0:52:27	0:52:07	0:51:05	0:48:47	0:48:33	0:49:52	0:51:48	0:52:46	0:53:24	0:53:53	0:59:39																								
92	ANNE MARIE MC CLEARY	F	MONAGHAN TOWN RUNNERS	0:44:34	0:44:13	0:43:27	0:44:12	0:44:10	0:45:24	0:49:07	0:47:34	0:48:35	0:49:19	0:52:10	0:51:54	1:04:27																						
93	BARRY EVANS	M	MONAGHAN TOWN RUNNERS	0:44:35	0:44:14	0:43:28	0:44:13	0:44:11	0:45:28	0:49:11																												
94	FEADAR TREANOR	M	MONAGHAN PHOENIX	0:44:34	0:43:49	0:42:00	0:43:16	0:42:29	0:43:50	0:42:18	0:46:26	0:46:19	0:49:22	1:08:37																								
95	MICHELLE SAHBANI	F	MUCK HOGGS	0:52:49	0:52:32	0:50:37	0:52:55	0:54:37	0:52:32																													
96	ROISIN NIXON	F	MUCK HOGGS	0:52:51	0:52:30	0:51:42	0:53:14	0:54:34	0:52:12																													
97	LINDSAY YOUNG	F	MUCK HOGGS	0:51:02	0:51:55	0:49:37	0:49:48	0:51:48	0:52:21																													
98	RUTH MOORE	F	MUCK HOGGS	0:51:45	0:52:04	0:48:20	0:51:52	0:53:07	0:54:46	0:58:04																												
99	CHRIS MC FARLAND	M		0:53:10	0:42:54	0:51:26	0:50:45	0:51:57	0:53:24	0:58:26																												
100	PAUL MC MAHON	M	MUCK HOGGS	0:52:57	0:52:34	0:51:21	0:53:15	0:53:33	0:55:31																													
101	DAVID SHERIDAN	M		0:40:36	0:40:03	0:38:55	0:35:10	0:41:37	0:42:15	0:45:26	0:47:00	0:49:58																										
102	ROISIN MONTAGUE	F	MUCK HOGGS	0:51:45	0:52:22	0:50:10	0:49:59	0:52:18	0:51:18	0:52:44	0:51:11																											
103	SIMON BRADFORD	M		0:53:09	0:38:17	0:46:13																																
104	CATHAL MC ENHILL	M	MUCK HOGGS	0:49:49	0:49:42	0:49:34	0:47:22	0:47:02	0:50:16	0:48:23	0:51:10	0:53:02																										
105	DANNY DICKSON	M		0:52:40	0:47:08	0:48:04	0:50:25	0:52:01	0:51:26	0:53:10	0:51:24	0:53:00	0:56:00	0:56:53	0:56:17																							
106	JEANETTE MAGUIRE	F	MUCK HOGGS	0:51:44	0:51:43	0:45:08	0:49:51	0:50:52	0:51:14	0:54:15																												
107	FIONA PRUE	F	BALLYDRAIN HARRIERS	0:42:52	0:48:09	0:47:28	0:44:46	0:45:59	0:45:47	0:49:57	0:48:49	0:49:32	0:50:17	0:51:50	0:51:16	0:49:22	0:52:50	0:50:40	0:54:06	0:55:02	1:00:32	1:31:48																
108	NEVILLE MC GROARTY	M		0:47:20	0:49:14	0:45:33	0:49:30	0:43:43	0:47:11	0:48:24	0:46:46	0:50:22	0:49:46	0:49:46	0:50:17	0:48:44	0:51:05	0:50:30	0:52:41	0:52:15	1:09:58																	
110	STEVEN BELL	M		0:48:40	0:47:58	0:45:34	0:45:13	0:46:12	0:46:08	0:49:30	0:48:41	0:50:52	0:55:25																									
111	DECLAN ARMSTRONG	M	MUCK HOGGS	0:49:48	0:51:54	0:47:34	0:48:40	0:48:35	0:49:41	0:50:10	0:51:14	0:53:03																										
112	STUART MC NEILLY	M	MOURNE RUNNERS	0:53:08	0:52:28	0:51:46	0:52:28	0:52:13	0:51:24	0:52:54	0:52:39	0:52:22	0:52:06																									
113	MICHAEL GRANT	M	MURLOUGH AC	0:52:00	0:51:00	0:49:37	0:49:51	0:50:18	0:50:54	0:51:43	0:54:25	1:13:27																										
114	MARTIN LENNON	M		0:44:02	0:48:05	0:44:39	0:44:33	0:45:41	0:46:34	0:48:22	0:45:51	0:47:39	0:52:43																									
115	JOHN BAXTER	M	MUCK HOGGS	0:51:45	0:51:56	0:50:09	0:51:36	0:51:47	1:01:30																													
116	SHANE CHOPS MULLAN	M	MUCK HOGGS	0:51:44	0:52:21	0:50:06	0:49:52	0:54:30	0:51:19	0:52:34	0:51:41	0:52:20	0:52:03	0:50:25	0:54:24	0:48:53	0:48:17	0:51:10	0:50:24																			
117	TONY KEARNS	M	MUCK HOGGS	0:52:57	0:52:00	0:51:29	0:52:48	0:54:43	0:55:49																													
119	ALEX BUCHNER	M		0:51:18	0:51:41	0:47:29	0:48:39	0:48:20	0:48:38	0:50:38	0:52:07	0:52:30	0:59:12																									
120	TJ KEELEY	M		0:49:10	0:49:37	0:48:46	0:51:25	0:54:18	0:56:00																													
121	JILL MC CANN	F	MUCK HOGGS	0:51:44	0:52:27	0:51:00	0:52:25	0:52:19	0:51:36	0:53:01	0:52:31	0:52:43	0:52:26	0:53:45	0:56:11																							
122	KEVIN SHERRY	M	MUCK HOGGS	0:53:07	0:52:26	0:51:57	0:58:23																															
123	SHANE LYNCH	M	GLENMORE AC	0:52:52	0:51:33	0:43:28	0:46:39	0:47:30	0:46:51	0:48:19	0:47:14	0:45:59	0:47:34	0:46:29	0:47:01	0:49:16	0:47:38	0:34:21																				
127	JIMMY MC FADDEN	M	TEAN RUNWELL	0:48:40	0:52:40	0:48:41	0:46:27	0:50:48	0:51:33	0:52:37	0:51:50	0:50:34	0:47:48	0:47:35	0:49:00	0:49:03	0:49:12	0:49:50	0:49:42	0:50:36	0:51:47	0:54:01	0:50:28	0:47:24	0:47:18	0:45:08												
128	ROGER BEYSSAT	M	ORMEAU RUNNERS	0:49:08	0:47:50	0:47:02	0:49:04	0:50:04	0:51:33																													
131	WILLIAM MARKS	M	MOURNE RUNNERS	0:53:08	0:52:27	0:51:45	0:52:27	0:52:02	0:51:23	0:52:55	0:52:48	0:54:21	0:56:15																									
132	EVELYN ELLISON	F	ORMEAU RUNNERS	0:53:12	0:53:04	0:52:54	0:53:42	0:54:55	0:56:54																													
133	MAURICE MULVENNA	M		0:48:55	0:51:40	0:45:52	0:46:20	0:48:20	0:51:13	0:54:01																												
134	NIALL MC KNIGHT	M		0:49:47	0:48:44	0:47:29	0:45:32	0:48:01	0:49:36	0:50:03	0:50:59	0:52:11																										
135	MICHAEL MC KENNA	M	MURLOUGH AC	0:51:22	0:52:26	0:51:06	0:50:02	0:50:49	0:51:34	0:54:04																												
136	PETER SWAN	M		0:56:36	0:56:54	0:56:44	0:56:28	0:56:21	0:56:38	0:56:27	0:54:19	0:55:57	0:56:16	0:55:45	0:55:13	0:56:06	0:55:05	0:53:25	0:54:13	0:56:22	0:57:10	0:57:45	2:19:29															
137	MARK MC ALEER	M	MUCK HOGGS	0:52:49	0:52:24	0:50:54	0:53:07	0:51:45	0:51:22	0:52:52	0:51:43	0:52:26																										
138	PETER GILMORE	M	NARROWS TC	0:52:27	0:51:39	0:48:29	0:47:21	0:45:59	0:38:50	0:49:41	0:55:34																											
139	CONALL MC GLEENAN	M		0:53:09	0:53:07	0:52:28	0:54:41	0:52:19	0:52:34	0:53:08	0:50:35	0:52:02	0:52:24	0:50:40	0:50:24	0:48:41	0:50:55	0:41:17																				
140	MARK HAZELTON	M		0:48:42	0:52:39	0:51:03	0:52:24	0:52:21	0:52:53	0:53:06	0:51:09	0:52:04	0:52:37	0:52:30	0:52:36	0:54:50																						
141	PAT STAUNTON	M	WESTPORT AC	0:48:40	0:48:06

163	BRENDAN LAVERTY	M	MURLOUGH AC	0:47:24	0:51:35	0:48:30	0:48:46	0:49:48	0:48:57	0:50:11	0:50:09	0:53:07	1:16:55																													
164	COLIN JESS	M	MURLOUGH AC	0:48:39	0:52:35	0:49:37	0:49:40	0:50:05	0:46:50	0:52:45	0:51:51	0:50:36	0:47:48	0:48:01	0:49:00	0:49:03	0:49:36	0:50:28	0:49:41	0:50:40	0:51:47	0:53:59	1:01:33																			
165	ROBERT JONES	M	SPRINGFIELD STRIDERS	0:50:56	0:50:34	0:46:37	0:48:56	0:49:14	0:50:34	0:50:25	0:49:59	0:52:11																														
166	JUSTIN MOORE	M	MUCK HOGGS	0:51:01	0:51:50	0:51:31	0:52:43	0:53:44	0:52:22																																	
167	DEBBIE MC VEIGH	F		0:46:12	0:47:28	0:48:22	0:49:27	0:48:58	0:49:35	0:48:45	0:49:39	0:49:41	0:49:28	0:50:16	0:49:25	0:49:19																										
170	PETER CROMIE	M	ROE VALLEY CYCLES	0:53:08	0:52:41	0:50:44	0:29:48	0:45:38	0:45:53	0:39:27	0:44:33	0:46:15	0:47:28	0:43:34	0:46:56	0:49:21	0:46:40	0:47:04	0:47:37	0:50:11	0:50:17	0:52:49	0:50:54	0:47:28	0:46:15	0:49:06	0:48:55	0:51:01	0:48:27	0:50:28	0:48:31	0:48:37	0:50:54	0:53:13	0:52:04	0:50:57	0:51:53	0:55:10	1:08:29
172	PATRICIA VAN ROOYEN	F	NORTHWICH RUNNING CLUB &DDMT	0:53:00	0:52:55	0:51:55	0:49:16	0:52:10	0:52:20	0:53:38	0:50:41	0:53:20	0:52:00	0:54:12	0:53:52	0:57:14																										
173	Donna Owens	F	Omagh Hrs	0:48:43	0:51:32	0:51:55	0:49:56	0:50:57	0:50:28	0:53:12	0:50:07	0:50:36	0:52:26	0:52:28	0:54:08	0:58:14																										
174	Ryan Shaw	M	Muck Hogs	0:52:48	0:52:21	0:50:21	0:52:35	0:51:41	0:50:30	0:52:47	0:51:36	0:50:29	0:48:57																													
175	Shaun Boyle	M	MCI	0:48:36	0:48:09	0:47:43	0:45:54	0:48:38	0:47:06	0:46:27	0:48:16	0:49:09	0:49:15	0:48:39	0:49:05	0:49:13	0:49:21	0:50:01	0:50:44	0:50:46	0:52:08																					
176	Coleen Mcs.Dawson	F		0:49:09	0:48:08	0:47:16	0:46:35	0:47:55	0:49:31	0:50:27	0:50:53	0:52:51	0:53:30																													
177	Glen Taylor	M		0:50:40	0:51:48	0:50:18	0:49:40	0:51:03	0:50:06	0:50:23	0:49:35	0:48:48	0:47:48	0:48:32	0:49:35	0:49:08	0:50:14	0:51:54	0:52:36	0:52:19	0:50:59	0:52:30	0:50:02	0:47:28	0:48:23	0:44:50	0:45:38															
178	Nora Gilbody	F	Ormeau Runners	0:54:45	0:56:00	0:55:27	0:54:28	0:55:01	0:53:55	0:53:49	0:55:52	0:57:40																														
179	Coleen Thompson	F	North Belfast Hrs	0:49:18	0:51:43	0:50:57	0:52:25	0:53:35	0:54:39	0:54:02	0:56:03	0:54:02	1:12:51																													