

Pos	Bib	Firstname	Lastname	Gender	Club	Race	Finish	Chiptime
1	3006	Laura	Graham	F	mourne runners	10k	0:38:23	0:38:23
2	1413	patrick	higgins	M	newcastle ac	10k	0:40:37	0:40:37
3	1433	dee	Murray		East Down ac	10k	0:41:48	0:41:48
4	1333	Daniel	Burns	M	Ballydrain Harriers	10k	0:43:25	0:43:25
5	3087	Paul	Lloyd	M		10k	0:43:44	0:43:39
6	3014	Stephen	Watterson	M	Ballydrain Harriers	10k	0:45:28	0:45:22
7	1344	Claire	Ingram	F	Ballydrain Harriers	10k	0:45:31	0:45:29
8	3050	Gavin	murray	M	crossgar harriers	10k	0:47:54	0:47:50
9	3058	Peter	McGonigal	M		10k	0:48:06	0:47:56
10	1416	paul	milligan	M	ballygalget ac	10k	0:48:09	0:47:53
11	1412	mari	troeng	F	newcastle ac	10k	0:48:22	0:48:21
12	3078	Clare	Doran	F	ballygalget ac	10k	0:48:25	0:48:10
13	1392	Deirdre	Weatherall	F		10k	0:48:40	0:48:38
14	1325	Sean	Armstrong	M	Murlough ac	10k	0:49:03	0:48:59
15	3048	Andrew	Liggett	M		10k	0:49:54	0:49:50
16	1388	Paddy	Trainor	M		10k	0:50:17	0:50:02
17	3082	Martin	duggan	M	newcastle ac	10k	0:50:28	0:50:26
18	1366	Debbie	McVeigh	F		10k	0:50:34	0:50:28
19	3094	David	Kennedy	M		10k	0:50:41	0:50:25
20	3061	Sean	Timoney	M		10k	0:50:44	0:50:36
21	1374	Fintan	Murray	M		10k	0:51:07	0:51:03
22	3057	Hugh	Dickson	M		10k	0:51:16	0:51:06
23	1328	Robert	Beattie	M	Ballydrain Harriers	10k	0:51:18	0:51:13
24	1341	Dave	Fulcher	M	Murlough ac	10k	0:51:33	0:51:10
25	1391	Dave	Watkins	M		10k	0:51:36	0:51:26
26	1382	Mark	Ramsey	M	Ormeau runners	10k	0:51:38	0:51:18
27	1363	Paul	McGuigan	M	Murlough ac	10k	0:51:38	0:51:12
28	1421	Adrian	McNamara	M		10k	0:51:57	0:51:56
29	3077	Maurice	Doran	M	ballygalget ac	10k	0:52:59	0:52:44
30	1368	Barry	Milligan	M		10k	0:52:59	0:52:43
31	1414	paul	fitsimons	M		10k	0:53:42	0:53:09
32	3068	Barry	McNeigh	M	crossgar harriers	10k	0:53:53	0:53:49
33	1379	Michael	Power	M	Murlough ac	10k	0:54:07	0:53:35
34	1441	Gerard	Rave	M	murlough ac	10k	0:54:13	0:53:53
35	1345	Lee	Johnston	M		10k	0:54:14	0:53:51
36	1387	Steve	Tate	M		10k	0:54:34	0:54:11
37	1447	michael	kelly	M	nicsac	10k	0:54:40	0:54:35
38	1364	Mark	McKeown	M		10k	0:54:54	0:54:51
39	1380	Julie	Preston	F		10k	0:54:59	0:54:52
40	1369	Gordon	Moore	M		10k	0:55:00	0:54:49
41	1336	Micheal	Cunningham	M	East Down ac	10k	0:55:00	0:54:47
42	1384	Sangamesh	Sarangmath	M		10k	0:55:10	0:55:07
43	1442	Johanna	cunningham	F		10k	0:55:39	0:55:35
44	3093	Tina	Kennedy	F		10k	0:55:43	0:55:33
45	1456	gerry	gorman	M		10k	0:55:49	0:55:39
46	3097	Pat	Shields	M	Murlough ac	10k	0:56:02	0:55:41
47	1425	sherte	mcmamara	F	ballygalget ac	10k	0:56:03	0:55:49
48	3076	David	McMillan	M	ballygalget ac	10k	0:56:38	0:56:24
49	1339	Andy	Fennell	M	Corrigan ac	10k	0:57:04	0:56:44
50	3092	Gerard	Devine	M		10k	0:57:05	0:56:55
51	1359	Freddie	McDowell	M		10k	0:57:13	0:57:01
52	1354	John	Mcallister	M	Corrigan ac	10k	0:57:47	0:57:28

53	3038	Pamela	Orr	F		10k	0:58:14	0:57:56
54	1426	Sean	McNamara	M		10k	0:58:34	0:58:20
55	1351	Laura	Lynch	F	Murlough ac	10k	0:58:49	0:58:37
56	1437	joe	mcmahon	M	murlough ac	10k	0:59:05	0:58:44
57	3049	una	mcneil	F		10k	0:59:36	0:59:28
58	3037	Steven	Magennis	M	Corrigan ac	10k	0:59:39	0:59:18
59	1365	Jan	McMillan	F	Saintfield striders	10k	0:59:40	0:59:26
60	1367	Kirsty	Meredith	F	scrabo Striders	10k	0:59:51	0:59:42
61	1352	Yu	Mao	M		10k	1:00:50	1:00:47
62	1342	Thomas	Gray	M	Monkstown Spartans	10k	1:01:17	1:01:09
63	3011	Sean	Sealy	M	East Down ac	10k	1:01:41	1:01:28
64	1409	Shenade	Duggan	F		10k	1:01:45	1:01:40
65	3005	Hannah	English	F		10k	1:01:45	1:01:40
66	1349	Julie	Logue	F	Monkstown Spartans	10k	1:02:06	1:01:59
67	1402	bermadette	moom	F	Saintfield striders	10k	1:02:09	1:01:58
68	1353	Angela	Mawhinney	F		10k	1:03:50	1:03:39
69	3060	Donna	Russel	F		10k	1:03:51	1:03:44
70	1459	louis	curran	F		10k	1:04:07	1:03:34
71	1403	joanna	miskelly	F		10k	1:04:15	1:03:37
72	1334	Irene	Carlin	F		10k	1:04:32	1:04:26
73	1362	Maria	McGuigan	F	Murlough ac	10k	1:05:11	1:04:44
74	3089	Colin	Murdy	M		10k	1:05:24	1:04:33
75	3090	Joanne	Murdy	F		10k	1:05:27	1:04:38
76	1329	Magda	Bernatek	F		10k	1:05:30	1:05:16
77	1370	Jacqueline	Moore	F	Murlough ac	10k	1:06:00	1:05:48
78	1335	Linda	Cunningham	F	East Down ac	10k	1:06:00	1:05:45
79	1343	Patricia	Hogg	F	Murlough ac	10k	1:06:00	1:05:39
80	1428	orla	polly	F		10k	1:08:32	1:08:11
81	3081	elaine	mccracken	F		10k	1:08:48	1:08:27
82	1411	gemma	mulholland	F	crossgar harriers	10k	1:08:48	1:08:25
83	1332	Martin	Brady	M	Team Veda	10k	1:08:55	1:08:31
84	1358	Gavin	McConvoy	M		10k	1:09:28	1:08:51
85	1390	Alison	Watkins	F		10k	1:09:30	1:09:12
86	1355	Bernice	McCann	F	East Down ac	10k	1:11:07	1:10:59
87	1361	Simon	McGrattan	M	East Down ac	10k	1:11:07	1:10:57
88	3046	Jennifer	Liggett	F	jog lisburn rc	10k	1:11:17	1:11:05
89	1422	colm	mccaffery	M		10k	1:11:39	1:11:34
90	3039	Jean	Stone	F	Orangetown ac	10k	1:11:53	1:11:40
91	1381	Julie	Purcell	F	Jog Belfast	10k	1:11:55	1:11:38
92	3091	Roisin	Burns	F		10k	1:13:17	1:13:05
93	1356	Frank	McCann	M		10k	1:15:40	1:15:26
94	1360	Eithne	McGrattan	F	East Down ac	10k	1:15:42	1:15:35
95	1330	Karen	Bleakley	F		10k	1:15:56	1:15:23
96	1410	Jaeinte	Casement	F		10k	1:16:10	1:16:05
97	1386	Janet	Sproule	F	scrabo Striders	10k	1:16:19	1:15:52
98	1455	joe	quinn	M	East Down ac	10k	1:16:38	1:16:05
Pos	Bib	Firstname	Lastname	Gender	Club	Race	Finish	Chiptime
1	1308	Mathew	McGrattan	M	East Down ac	5k	0:20:27	0:20:27
2	3043	David	Merron	M	logan college	5k	0:20:54	0:20:54
3	3007	Kyle	Ross	M	Ballydrain Harriers	5k	0:22:08	0:22:07
4	1431	mackenzie	murray	M	East Down ac	5k	0:22:18	0:22:18
5	3025	kirsti	foster	F	East Down ac	5k	0:22:41	0:22:41

6	3026	Lucy	Foster	F	East Down ac	5k	0:22:50	0:22:50
7	1406	oran	cunningham	M	East Down ac	5k	0:23:53	0:23:53
8	3027	jodi	Foster	F	East Down ac	5k	0:23:53	0:23:53
9	1267	Lisa	Corry	F	Saintfield striders	5k	0:24:31	0:24:31
10	3053	Ben	Chambers	M	Saintfield striders	5k	0:25:01	0:24:58
11	1424	claran	milligen	F		5k	0:25:05	0:24:49
12	3069	Paul	Galloway	M	north down	5k	0:25:16	0:25:13
13	1432	janine	Murray	F	East Down ac	5k	0:27:07	0:26:54
14	3062	Andrew	McGrattan	M	East Down ac	5k	0:27:32	0:27:32
15	1286	Michael S	Kane	M	Ormeau runners	5k	0:27:38	0:27:15
16	3008	Alan	McCaughtry	M	Saintfield striders	5k	0:27:39	0:27:29
17	3056	Jefferene	dickson	F		5k	0:27:42	0:27:35
18	1296	Caroline	Leckie	F	Saintfield striders	5k	0:27:54	0:27:45
19	1443	Mary	Gallen	F		5k	0:28:31	0:27:57
20	3001	Thomas	compton	M	crossgar harriers	5k	0:28:36	0:27:57
21	3002	Alan	compton	M	crossgar harriers	5k	0:28:49	0:28:10
22	1263	Gary	Clarke	M	Scрабо Striders	5k	0:28:57	0:28:31
23	1307	Maria	McEvoy	F		5k	0:29:22	0:29:16
24	3054	David	Chambers	M		5k	0:29:33	0:29:30
25	1338	Denise	Davison	F	Ballydrain Harriers	5k	0:29:51	0:29:25
26	1320	Oliver	Seeger	M	Scрабо Striders	5k	0:29:55	0:29:26
27	3017	Warren	McWhirtel	M		5k	0:30:05	0:29:58
28	1446	mel	carney	F		5k	0:30:09	0:29:59
29	3100	patrick	McCormick	M		5k	0:30:31	0:29:56
30	1401	Reece	McCormick	M		5k	0:30:32	0:29:57
31	1299	Elaine	McAuley	F		5k	0:30:39	0:30:33
32	3045	Andrew	McCormick	M	otc	5k	0:30:39	0:30:13
33	3047	Zara	McCormick	F	otc	5k	0:30:40	0:30:15
34	3034	Stephen	Downey	F		5k	0:30:41	0:30:18
35	1430	shirley	mccloskey	F	Ballydrain Harriers	5k	0:30:58	0:30:30
36	1429	jim	mccloskey		Ballydrain Harriers	5k	0:31:00	0:30:32
37	1317	Janine	Ramsey	F	Ormeau runners	5k	0:31:43	0:31:22
38	1259	Steven	Campbell	M	Scрабо Striders	5k	0:31:54	0:31:29
39	3029	Kari	Foster	F	East Down ac	5k	0:32:15	0:31:44
40	3021	Glenn	Frazer	M	north down	5k	0:32:20	0:32:14
41	3044	Abbie	McCormick	F	otc	5k	0:32:20	0:31:51
42	1389	Tania	Vaughan	F		5k	0:32:24	0:32:20
43	1408	Elaine	feenan	F		5k	0:32:38	0:32:09
44	1262	Joanne	Chong-Kwan	F	Ormeau runners	5k	0:32:58	0:32:50
45	1419	Dianne	leahy	F	crossgar road runners	5k	0:33:15	0:33:09
46	3018	David	Rainey	M		5k	0:33:22	0:33:02
47	3084	Paul	Kennedy	M		5k	0:33:23	0:33:12
48	3083	Carol	McAdam	F		5k	0:33:25	0:33:15
49	1436	mary	mcclements	F		5k	0:33:35	0:33:30
50	1435	matthew	mcclements	M		5k	0:33:36	0:33:31
51	3028	Lily	Foster	M	East Down ac	5k	0:33:36	0:33:04
52	3031	Jo	McMahon		Saintfield striders	5k	0:33:38	0:33:30
53	3030	Davy	Foster	M	East Down ac	5k	0:33:41	0:33:10
54	3010	Beth	Sealy	F		5k	0:34:00	0:33:47
55	1420	Diane	patterson	F	crossgar road runners	5k	0:34:16	0:34:09
56	3042	Mia Procter-Amos		F	East Down ac	5k	0:34:35	0:34:30
57	1324	Alison	Young	F	Saintfield striders	5k	0:34:39	0:34:28
58	3080	Eamon	McCaighy	M		5k	0:34:41	0:34:19

59	1445	charisse	poland	F		5k	0:34:42	0:34:20
60	1310	Nuala	McQuaid	F		5k	0:34:48	0:34:25
61	1270	Linda	Dugan	F	Scрабо Striders	5k	0:34:51	0:34:21
62	1294	Christine	Laughed	F	Scрабо Striders	5k	0:34:52	0:34:37
63	3051	Marea-lousie	martin	F	nia	5k	0:34:52	0:34:36
64	3079	Gillian	Johnston	F	Saintfield striders	5K	0:34:55	0:34:46
65	3032	Gareth	Amos	M	East Down ac	5k	0:35:00	0:34:56
66	3040	Lara Procter-Amos		F	East Down ac	5k	0:35:00	0:34:56
67	1450	anne-marie	mcclean	F		5k	0:35:00	0:34:42
68	3096	Kevin	McCormick	M	olympian tri club	5k	0:35:01	0:34:31
69	1449	gavin	Campbell	M		5k	0:35:02	0:34:47
70	3099	Caoimhe	McCormick	F		5k	0:35:02	0:34:35
71	3098	Dymphina	Oihea	F	Saintfield striders	5k	0:35:04	0:34:52
72	1302	Karen	McConnell	F	Ormeau runners	5k	0:35:17	0:35:05
73	1376	Angela	Nelson	F		5k	0:35:20	0:35:09
74	1295	Catherine	Lavery	F	Scрабо Striders	5k	0:35:34	0:35:05
75	3055	May	Dickson	F		5k	0:35:35	0:35:27
76	1311	Nuala	McVeigh	F	Ormeau runners	5k	0:35:37	0:35:23
77	1427	niamh	ritchie	F		5k	0:35:43	0:35:23
78	1440	jane	rave	F	murlough ac	5k	0:35:50	0:35:25
79	1377	Elizabeth	Poll	F		5k	0:35:51	0:35:23
80	1348	Susan	Lewis	F	Ormeau runners	5k	0:36:06	0:35:54
81	1405	caoilfionn	smith	F		5k	0:36:08	0:35:52
82	1404	seana	smith	F		5k	0:36:13	0:35:56
83	1313	Greer	Munday	M	Scрабо Striders	5k	0:36:18	0:35:56
84	1434	clare	rooney	F		5k	0:36:29	0:36:04
85	1309	Isobel	McKee	F	Ormeau runners	5k	0:36:38	0:36:25
86	3036	Nikki	Keery	F	Scрабо Striders	5k	0:36:56	0:36:40
87	1293	Scot	Knight	M	Scрабо Striders	5k	0:36:56	0:36:38
88	1284	Pamela	Johnston	F	Saintfield striders	5k	0:37:00	0:36:20
89	1407	lisa	watson	F	Saintfield striders	5k	0:37:00	0:36:19
90	1415	Klara	Milligan	F	ballygalget ac	5k	0:37:01	0:36:44
91	1291	Thomas	Kirkwood	M		5k	0:37:09	0:37:07
92	1322	Bronagh	Teggart	F		5k	0:37:10	0:37:04
93	3012	Bronagh	Sealy	F		5k	0:37:16	0:37:03
94	3013	Susan	Sealy	F		5k	0:37:16	0:37:03
95	3004	Andy	Lennon	M		5k	0:37:17	0:37:11
96	3003	Brogan	Lennon			5k	0:37:19	0:37:12
97	1340	Carolyn	Fleming	F		5k	0:37:22	0:37:11
98	3065	Roma	McCormick	F		5K	0:37:24	0:37:05
99	3066	Jaene	hagen	F		5k	0:37:24	0:37:05
100	3067	Natalie	hagen	F		5k	0:37:24	0:37:03
101	1288	Gerald	Kelly	M	Ormeau runners	5k	0:37:25	0:37:25
102	1289	Nancy	Kelly	F	Ormeau runners	5k	0:37:28	0:37:16
103	1417	Lynsey	martin	F		5k	0:37:33	0:37:26
104	1272	Helen	Halliday	F	Ormeau runners	5k	0:37:33	0:37:19
105	3033	Gemma	Boyd	F	Saintfield striders	5k	0:37:34	0:37:25
106	1444	rowan + rodger		M	Ormeau runners	5k	0:37:39	0:37:35
107	3095	Jacqui	gilmae	F	Saintfield striders	5k	0:37:49	0:37:37
108	1287	Paula	Kane	F	Ormeau runners	5k	0:37:52	0:37:34
109	3086	Conor	mckee	M		5k	0:37:52	0:37:11
110	3085	Adam	Magee	M	crossgar harriers	5k	0:37:55	0:37:14
111	1285	Michael G	Kane	M	Ormeau runners	5k	0:37:56	0:37:35

112	1292	Denise	Knight	F	Scrabo Striders	5k	0:38:02	0:37:47
113	3020	Declan	McMeniman	M		5k	0:38:12	0:37:38
114	1457	jennifer	carse	F	Ballydrain Harriers	5k	0:38:13	0:37:51
115	3019	AN	Other	M		5k	0:38:14	0:37:51
116	1418	Sarah	samuel	F		5k	0:38:14	0:38:10
117	1312	Stephanie	McVeigh	F	Ballydrain Harriers	5k	0:38:15	0:37:47
118	3073	Valerie	Martin	F	Ballydrain Harriers	5K	0:38:15	0:37:39
119	1261	Lorraine	Carvill	F		5k	0:38:17	0:37:49
120	1321	Stephanie	Sloan	F		5k	0:38:19	0:37:51
121	1323	Joan	Telford	F	Saintfield striders	5k	0:38:22	0:38:14
122	1271	Nora	Gilbody	F	Ormeau runners	5k	0:38:26	0:38:01
123	1373	Ciara	Mulligan	F	Ormeau runners	5k	0:38:28	0:38:04
124	1448	catherine	Casement	F	crossgar road runners	5k	0:38:44	0:38:15
125	1316	Winnie	Orr		Ormeau runners	5k	0:38:45	0:38:37
126	3063	Christine	Rooney	F		5k	0:38:47	0:38:19
127	3064	Sinead	Thompson	F	nia	5k	0:38:50	0:38:24
128	1301	Christine	McClelland	F	Scrabo Striders	5k	0:39:07	0:38:39
129	1327	Michelle	Beattie	F	Ballydrain Harriers	5k	0:39:14	0:38:54
130	1346	Debra	Jordan	F	Ballydrain Harriers	5k	0:39:14	0:38:53
131	3016	Linda	Andrews	F	Ballydrain Harriers	5k	0:39:14	0:38:54
132	3041	Shemaine	Kerr			5k	0:39:17	0:39:11
133	3071	Ciara	Copeland	F		5k	0:39:18	0:39:00
134	3070	Tracey	Watson	F		5k	0:39:28	0:39:07
135	1280	Gavin	Hynds	M	East Down ac	5k	0:39:30	0:38:57
136	1281	Kerry	Hynds	F		5k	0:39:30	0:38:57
137	1326	Teresa	Armstrong	F		5k	0:39:49	0:39:44
138	3023	Karen	McDowell	F	Saintfield striders	5k	0:40:07	0:39:55
139	1460	paul	curran	M		5k	0:40:16	0:39:43
140	1458	mary	harris	F	Ormeau runners	5k	0:40:31	0:40:09
141	1383	Tania	Rothwell	F		5k	0:40:31	0:40:06
142	1375	Mairead	Napier	F	Orangetown ac	5k	0:40:32	0:40:06
143	1331	Mary	Boyd	F		5k	0:40:34	0:40:06
144	1303	Sally	McConnell	F	Ormeau runners	5k	0:40:36	0:40:29
145	1266	Karen	Collins	F	Ormeau runners	5k	0:40:36	0:40:28
146	1306	James	McCusker	M	Corrigan ac	5k	0:40:38	0:40:24
147	1315	Nicola	Neeson	F	Corrigan ac	5k	0:40:38	0:40:24
148	1357	Anne	McClurg	F	Ballydrain Harriers	5k	0:40:43	0:40:14
149	3015	Alice	Carson	F	Ballydrain Harriers	5K	0:40:43	0:40:14
150	1318	Kate	Rice	F		5k	0:40:46	0:40:43
151	1265	Kim	Cochrane	F	Scrabo Striders	5k	0:40:52	0:40:38
152	1290	Geraldine	Kirkwood	F		5k	0:40:53	0:40:47
153	1451	william	murphy	M		5k	0:41:04	0:40:33
154	1453	niall	Murphy	M		5k	0:41:04	0:40:33
155	1423	aine	rocur	F		5k	0:41:05	0:40:45
156	3059	Elaine	McGonigal	F	Nia	5k	0:41:15	0:41:06
157	3075	Sandra	Grimason	F	Ballydrain Harriers	5k	0:41:15	0:40:38
158	3074	Lesley	Moreland	F	Ballydrain Harriers	5k	0:41:15	0:40:36
159	1452	isla	Murphy	F		5k	0:41:23	0:40:51
160	1454	fiona	Murphy	F	Ballydrain Harriers	5k	0:41:24	0:40:53
161	3035	Rhonda	Magowan	F		5k	0:41:26	0:41:08
162	3009	Rosin	Erskine	F		5k	0:41:42	0:41:34
163	1297	Hannah	McAdam	F		5k	0:42:05	0:41:39
164	1277	Natasha	Hegan	F		5k	0:42:05	0:41:38

165	1257	Lisa	Alexander	F		5k	0:43:01	0:42:34
166	1278	Pamela	Hegan	F		5k	0:43:04	0:42:38
167	1283	Olivia	Irvine	F	Scrabo Striders	5k	0:43:05	0:42:32
168	3072	Nuala	kelly	F		5k	0:43:11	0:42:53
169	1282	Janice	Irvine	F	Scrabo Striders	5k	0:43:11	0:42:41
170	1319	Carleen	Seeger	F	Scrabo Striders	5k	0:43:11	0:42:41
171	3052	Team Kerr			team kerr	5k	0:43:53	0:43:50
172	3024	Rachel	Tully	F	scrabo Striders	5k	0:44:43	0:44:17
173	3022	Marion	White	F	north down	5k	0:44:54	0:44:34
174	1305	Laura	McCooley	F	Ormeau runners	5k	0:45:36	0:45:14
175	1304	Elmeor	McCooley	F	Ormeau runners	5k	0:45:37	0:45:19
176	1273	Colin	Harper	M	Scrabo Striders	5k	0:47:03	0:46:55
177	1275	Isabella	Harper	F		5k	0:47:03	0:46:52
178	1260	Daniel	Carvill	M		5k	0:53:30	0:53:08
179	1438	aimee	warz	F		5k	1:07:07	1:07:04