

Moira Dash Run 10 km

placed	Name	Time	Club	sex	5K race
1st	Zack Mower	26.16		m	
2nd	Joe McAnearney	26.17		m	
3rd	Grace Blaney	26.25	Beechmount harriers	f	men
4th	Heather Kennedy	28.18	Jog Lisburn running club	f	1st Zack Mower
5th	Trevor Kennedy	28.18		m	2nd Joe Mcanearney
6th	Alice Scott	31.23		f	3rd Trevor Kennedy
7th	Linda Harley	31.46	Jog Lisburn running club	f	women
8th	Fiona Eames	32.18		f	1st Grace Blaney
9th	Jennifer Liggett	32.41	Jog Lisburn running club	f	2nd Heather Kennedy
10th	Caroline Brown	33.57	Jog Lisburn running club	f	3rd Alice Scott
11th	Lewis Collins	33.58		m	
12th	Susan McBride	34.31	Roxys Runners	f	
13th	Patrica Gillen	34.31	Roxys Runners	f	
14th	Alison Lowhorn	35.50	Roxys Runners	f	
15th	Teresa McAnearney	35.51		f	
16th	Claire Hamill	36.20	Jog Lisburn running club	f	
17th	Ann Burrows	36.20		f	
18th	Kate Peel	38.15		f	
19th	Sonia McKinstry	38.22	Jog Moira	f	
20th	Jennifer Woods	38.22	Jog Moira	f	

Moira Dash Run 5 km

place	Name	Time	Club	10 k
1st	Richard Hand	48.40	Dromore AC	
2nd	Paul Smyth	50.46		Men
3rd	Debra Jordon	51.57	Ballydrain Harriers	1st Richard Hand
4th	Kathy Knox	52.48	Jog Lisburn running club	2nd Paul Smyth
5th	Sinead Hamill	52.48	Jog Lisburn running club	
6th	Diane Rogan	52.58	Jog Lisburn running club	Women
7th	Jacklyn Thompson	56.39	Jog Lisburn running club	1st Debra Jordon
8th	Louise McLaughlin	58.35		2nd Kathy Knox
9th	Courtney Ward	59.28	Jog Lisburn running club	3rd Sinead Hamill