

ALPS 10k / 5k

| 10k | Name | Gender | Club | Time | | |
|-----------|---------------------|--------|-------------------------|----------|--|--|
| 1 | Kieran Scullion | male | Ballymena Runners | 41.06 | | |
| 2 | Kieran McShane | male | Murlough AC | 45.33 | | |
| 3 | David Conlon | male | Ballygalget AC | 48.31 | | |
| 4 | Ciaran McGrath | male | | 48.51 | | |
| 5 | Conor McGrath | male | | 49.41 | | |
| 6 | Andrew Brodie | male | | 51.13 | | |
| 7 | Ronan McGrath | male | | 51.19 | | |
| 8 | Mathew Nixon | male | Ormeau Elite | 51.46 | | |
| 9 | Marc Kearny | male | Saintfield Striders | 54.26 | | |
| 10 | Brian Mclvor | male | Ormeau Elite | 57.01 | | |
| 11 | David Ewing | male | Saintfield Striders | 58.36 | | |
| 12 | Samuel Ferguson | male | | 59.30 | | |
| 13 | David McKeown | male | | 1h 00.18 | | |
| 14 | Declan McMenamin | male | | 1h 03.06 | | |
| 15 | Brian Ewing | male | Saintfield Striders | 1h 06.06 | | |
| 16 | Jonathan Walsh | male | | 1h 07.27 | | |
| 17 | Gemma Moore | Female | Ballymena Runners | 1h 09.15 | | |
| 18 | Mark Nixon | male | Ormeau Elite | 1h 09.30 | | |
| 19 | Marea-Louise Martin | Female | Saintfield Striders | 1h 13.11 | | |
| 20 | Louise Farmer | Female | | 1h 22.37 | | |
| 21 | Clare Quinn | Female | | 1h 26.22 | | |
| 22 | Elaine Gilmore | Female | | 1h 26.23 | | |
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| 5k | | | | | | |
| 1 | Isaac McCollum | male | Ballymena and Antrim AC | 19.01 | | |
| 2 | Ronan McVeigh | male | Newcastle AC | 20.36 | | |
| 3 | Kyle Ross | male | Ballydrain Harriers | 20.50 | | |
| 4 | Niall McCarthy | male | | 24.31 | | |
| 5 | Stephen Ferguson | male | | 25.03 | | |
| 6 | Timothy Coulter | male | | 27.02 | | |
| 7 | Cathy Brodie | Female | | 29.32 | | |
| 8 | Michael Smyth | male | Saintfield Striders | 31.12 | | |
| 9 | Angela Gallagher | Female | | 32.04 | | |
| 10 | Sarah Murray | Female | Island Runners | 32.31 | | |
| 11 | Martin Keenan | male | Island Runners | 33.34 | | |
| 12 | Edele Brown | Female | Island Runners | 34.04 | | |
| 13 | Rossa McMenamin | male | | 34.51 | | |
| 14 | Sheila McGreevy | Female | | 36.14 | | |
| 15 | Fiona Lacey | Female | | 36.19 | | |
| 16 | Joanne Magee | Female | | 36.26 | | |
| 17 | Martina Madine | Female | Island Runners | 36.44 | | |
| 18 | Niamh McMenamin | Female | | 37.02.2 | | |
| 19 | Maisie Struthers | Female | | 37.02.6 | | |
| 20 | Orla McMenamin | Female | | 37.04.3 | | |
| 21 | Orla McCormick | Female | | 37.04.6 | | |
| 22 | Caroline Mooney | Female | Island Runners | 37.05 | | |
| 23 | Lorraine Gribben | Female | Island Runners | 37.07 | | |
| 24 | Carrie Ewing | Female | | 37.54 | | |

| 10k | Name | Gender | Club | Time | | |
|-----|-------------------|--------|---------------------|----------|--|--|
| 25 | Tracy Shanahan | Female | | 38.07 | | |
| 26 | Aileen Keenan | Female | Island Runners | 39.16 | | |
| 27 | Jemma McMullon | Female | | 39.39 | | |
| 28 | Aaron Swail | male | | 40.05 | | |
| 29 | Brian Miskelly | male | Saintfield Striders | 43.30 | | |
| 30 | Jacqueline Blaney | Female | | 44.10 | | |
| 31 | Gary Dugan | male | | 50.13 | | |
| 32 | Sharon Dugan | Female | | 50.15 | | |
| 33 | Ronnie Yates | male | | 51.58 | | |
| 34 | Mary Simons | Female | | 55.46 | | |
| 35 | Mark McMullan | male | | 56.18 | | |
| 36 | Rachel Magee | Female | | 1h 09.33 | | |
| 37 | Leanne Smyth | Female | Saintfield Striders | sweeper | | |
| 37 | Michele Bell | Female | Saintfield Striders | sweeper | | |